Submitting Speaking Videos via Zalo Group as a Way to Reduce the Anxiety of Speaking

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Many students always have butterflies in their stomach upon being called to make an impromptu speech or give an immediate oral answer to a question given by their teacher. Taking that matter into consideration, the author has conducted action research in her own class of 40 students who are targeting at B1 CEFR level. This research paper is to recommend the using of speaking video submission via Zalo group as homework after speaking lessons. The finding shows that almost all students feel less nervous and more prepared when they are allowed to hand in their speaking assignments through the Zalo group. Moreover, the employment of vocabulary learnt in the speaking answers helps them to remember the words better while making mind-map summary of samples gives them a chance to summarize and synthesize given information, turning them into their own talks.

KEY WORDS: speaking videos, anxiety, B1 CEFR level, oral answer

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